



## Shiatsu

70 min

£ 60

Shiatsu can help alleviate the pain associated with a wide range of conditions. Shiatsu can also assist an individual with their self development and self healing - balancing the underlying causes of a condition, taking into account the functioning of the physical and psychological, promoting health and strengthening the body's own healing abilities.

## Beauty Treatments

Our **Pearl room treatments** offers a full range of nail and salon services - from face treatments, body treatments, eye treatments and hair removal to manicure and pedicure. Enjoy indulging yourself and take pleasure in the attentiveness of our therapists. All of our treatments leave you not just cleansed, but soft, silky and feeling totally relaxed. We invite you to discover our philosophy, based on the ideals that harmony between body and soul is the source of true beauty and health.

The **Kaeso Collection** used for facial treatments is to embody naturally derived ingredients with essential treatment formulas to deliver effective and luxurious professional products. The collection takes inspiration from today's beauty conscious market, with considerations for the ethical expectations of beauty's evolving journey. All beauty products are free from Parabens, Sulphates, Propylene Glycol and Mineral Oil.

### Our Hydrating range's key ingredients & benefits are:

Balm Mint organically cultivated with antioxidant and anti-inflammatory effects.

Cotton holds moisturising and hydrating properties with anti-redness effect.

Aloe Vera legendary for its powerful moisturising and nourishing properties.

### Our Rebalancing range's key ingredients & benefits are:

Willow Bark a natural astringent with anti-bacterial properties used to fight skin impurities.

Mallow benefiting from ultra moisturising properties to help lock in moisture.

Cucumber renowned for its moisturising, energizing, detoxifying and softening properties.

## Face treatments

### Hydrating facial

40 min

£ 40

To nourish and hydrate your normal to dry skin

### Rebalancing facial

40 min

£ 40

To moisturize and tone your oily to combination skin

### Mini facial

20 min

£ 20

An express pick up treatment for all skin types

### Deep cleansing facial

70 min

£ 60

Deep cleansing acne treatment with steam and rebalancing face treatment

### Face massage

20 min

£ 20

For your ultimate rejuvenation and relaxation

## Body treatments

Body wraps are popular spa treatments designed to increase the sense of well-being, relaxation and pleasure of the recipient. Wrap treatments are based on the idea that the skin and soft tissues are fundamentally involved in the intake and elimination of toxins and excess fluids.

**Body exfoliation** **20 min** **£ 20**

To have a silky skin with an added moisturizer applied through a light massage

**Luxurious Chocolate body wrap** **70 min** **£ 60**

The chocolate body wrap is a mineral rich sea clay infused with the essence of cocoa. The combined benefits detoxify, tone, soften the skin and uplift you with the aromatic characteristics of high-quality chocolate. Benefits of the Chocolate Body Wrap:

- Smooths the skin and leaves a luminous glow.
- Cocoa contains glycerides which deliver moisturizing lipids and fats which plumps out wrinkles
- Detoxifies the pores of the skin; firms and tones the skin
- Chocolate contains over 300 different compounds some of which can have a significant impact on your health and beauty.

**Firming Seaweed body wrap** **70 min** **£ 60**

Your silhouette will look slimmer and firmer after you have experienced the benefits of marine algae. Body wrapping employs the principals of osmosis and purifies, detoxifies and smooths your skin both visibly and measurably.

After a full body scrub using our unique salt scrub, our unique blend of aromatherapy oils and marine algae combine to increase the body's microcirculation. Water retention is reduced and the heavy feeling in the legs and problem areas are minimized. The results are immediately noticeable, clarifying, smoothing and firming your body contours.

**Clay body wrap** **70 min** **£ 60**

Clay body wraps are thought as aids for weight loss and for refining the skin. As the body's largest organ, the skin is believed to have the ability to absorb the healing benefits of clay through its pores.

The Clay Body Wrap is great for body shaping and contouring. This excellent Clay Body Wrap will help lift flabby buttocks and breasts giving you a better shape! The natural sea clay revitalizes the skin elastin, giving a more toned appearance. The appearance of cellulite may also improve.

*Pampering packages*

**Silky relaxation** **70 min** **£ 60**

Body exfoliation & aromatherapy massage

**Ultimate relaxation** **100 min** **£ 90**

Hydrating or rebalancing facial & hot stone massage

**Night out** **70 min** **£ 55**

Mini facial & false eyelashes & mini manicure

*Hair removal*

**½ leg wax** **40 min** **£ 15**

**Full leg wax** **70 min** **£ 25**

**Bikini line** **40 min** **£ 15**

**Lip & chin wax** **20 min** **£ 15**

*Eye treatments*

**Eyelash tint** **20 min** **£ 10**

**Eyebrow tint** **20 min** **£ 10**

**False eyelashes** **40 min** **£ 20**

**Eyebrow wax/shape** **20 min** **£ 10**

## *Nail treatments*

<b>Mini manicure</b> File, dry shape, polish	<b>20 min</b>	<b>£ 20</b>
<b>Manicure</b> File, shape, wet cuticles treated, polish	<b>70 min</b>	<b>£ 30</b>
<b>Mini pedicure</b> File, dry shape, polish	<b>20 min</b>	<b>£ 20</b>
<b>Pedicure</b> Exfoliating dead skin, file, shape, cuticles treated, foot cream applied, polish	<b>70 min</b>	<b>£ 30</b>

## *Mens Treatments*

### *Face treatments*

<b>Hydrating facial</b> To nourish and hydrate your normal to dry skin	<b>40 min</b>	<b>£ 40</b>
<b>Rebalancing facial</b> To moisturize and tone your oily to combination skin	<b>40 min</b>	<b>£ 40</b>
<b>Mini facial</b> An express pick up treatment for all skin types	<b>20 min</b>	<b>£ 20</b>
<b>Deep cleansing facial</b> Deep cleansing acne treatment with steam and rebalancing face treatment	<b>70 min</b>	<b>£ 60</b>
<b>Face massage</b> For your ultimate rejuvenation and relaxation	<b>20 min</b>	<b>£ 20</b>

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